How Viruses Attach??

A printed copy of a virus does nothing and threatens no one. Even executable virus code sitting on a disk does nothing. What triggers a virus to start replicating? For a virus to do its malicious work and spread itself, it must be activated by being executed. Fortunately for virus writers but unfortunately for the rest of us, there are many ways to ensure that programs will be executed on a running computer.

For example, recall the SETUP program that you initiate on your computer. It may call dozens or hundreds of other programs, some on the distribution medium, some already residing on the computer, some in memory. If any one of these programs contains a virus, the virus code could be activated. Let us see how. Suppose the virus code were in a program on the distribution medium, such as a CD; when executed, the virus could install itself on a permanent storage medium (typically, a hard disk) and also in any and all executing programs in memory. Human intervention is necessary to start the process; a human being puts the virus on the distribution medium, and perhaps another initiates the execution of the program to which the virus is attached. (It is possible for execution to occur without human intervention, though, such as when execution is triggered by a date or the passage of a certain amount of time.) After that, no human intervention is needed; the virus can spread by itself.

A more common means of virus activation is as an attachment to an e-mail message. In this attack, the virus writer tries to convince the victim (the recipient of the e-mail message) to open the attachment. Once the viral attachment is opened, the activated virus can do its work. Some modern e-mail handlers, in a drive to "help" the receiver (victim), automatically open attachments as soon as the receiver opens the body of the e-mail message. The virus can be executable code embedded in an executable attachment, but other types of files are equally dangerous. For example, objects such as graphics or photo images can contain code to be executed by an editor, so they can be transmission agents for viruses. In general, it is safer to force users to open files on their own rather than automatically; it is a bad idea for programs to perform potentially security-relevant actions without a user's consent. However, ease-of-use often trumps security, so programs such as browsers, e-mail handlers, and viewers often "helpfully" open files without asking the user first.

1-Appended Viruses

A program virus attaches itself to a program; then, whenever the program is run, the virus is activated. This kind of attachment is usually easy to program.

In the simplest case, a virus inserts a copy of itself into the executable program file before the first executable instruction. Then, all the virus instructions execute first; after the last virus instruction, control flows naturally to what used to be the first program instruction.



This kind of attachment is simple and usually effective. The virus writer does not need to know anything about the program to which the virus will attach, and often the attached program simply serves as a carrier for the virus. The virus performs its task and then transfers to the original program. Typically, the user is unaware of the effect of the virus if the original program still does all that it used to. **Most viruses attach in this manner**.

2-Viruses That Surround a Program

An alternative to the attachment is a virus that runs the original program but has control before and after its execution. For example, a virus writer might want to prevent the virus from being detected. If the virus is stored on disk, its presence will be given away by its file name, or its size will affect the amount of space used on the disk. The virus writer might arrange for the virus to attach itself to the program that constructs the listing of files on the disk. If the virus regains control after the listing program has generated the listing but before the listing is displayed or printed, the virus could eliminate its entry from the listing and falsify space counts so that it appears not to exist.



3-Integrated Viruses and Replacements

A third situation occurs when the virus replaces some of its target, integrating itself into the original code of the target. Clearly, the virus writer has to know the exact structure of the original program to know where to insert which pieces of the virus.

Finally, the virus can replace the entire target, either mimicking the effect of the target or ignoring the expected effect of the target and performing only the virus effect. In this case, the user is most likely to perceive the loss of the original program.

4-Document Viruses

Currently, the most popular virus type is what we call the **document virus**, which is implemented within a formatted document, such as a written document, a database, a slide presentation, a picture, or a spreadsheet. These documents are highly structured files that contain both data (words or numbers) and commands (such as formulas, formatting controls, links). The commands are part of a rich programming language, including macros, variables and procedures, file accesses, and even system calls. The writer of a document virus uses any of the features of the programming language to perform malicious actions.

The ordinary user usually sees only the content of the document (its text or data), so the virus writer simply includes the virus in the commands part of the document, as in the integrated program virus.

How Viruses Gain Control??

The virus (V) has to be invoked instead of the target (T). Essentially, the virus either has to seem to be T, saying effectively "I am T" or the virus has to push T out of the way and become a substitute for T, saying effectively "Call me instead of T."

The virus can assume T's name by replacing (or joining to) T's code in a file structure; this invocation technique is most appropriate for ordinary programs. The virus can overwrite T in storage (simply replacing the copy of T in storage, for example). Alternatively, the virus can change the pointers in the file table so that the virus is located instead of T whenever T is accessed through the file system.

Virus Completely Replacing a Program.

The virus can supplant T by altering the sequence that would have invoked T to now invoke the virus V; this invocation can be used to replace parts of the resident operating system by modifying pointers to those resident parts, such as the table of handlers for different kinds of interrupts.

Homes for Viruses

The virus writer may find these qualities appealing in a virus:

- It is hard to detect.
- It is not easily destroyed or deactivated.
- It spreads infection widely.
- It can reinfect its home program or other programs.
- It is easy to create.
- It is machine independent and operating system independent.

Few viruses meet all these criteria. The virus writer chooses from these objectives when deciding what the virus will do and where it will reside.

Just a few years ago, the challenge for the virus writer was to write code that would be executed repeatedly so that the virus could multiply. Now, however, one execution is enough to ensure widespread distribution. Many viruses are transmitted by e-mail, using either of two routes. In the first case, some virus writers generate a new e-mail message to all addresses in the victim's address book. These new messages contain a copy of the virus so that it propagates widely.

Often the message is a brief, chatty, nonspecific message that would encourage the new recipient to open the attachment from a friend (the first recipient). For example, the subject line or message body may read "I thought you might enjoy this picture from our vacation." In the second case, the virus writer can leave the infected file for the victim to forward unknowingly. If the virus's effect is not immediately obvious, the victim may pass the infected file unwittingly to other victims.

Let us look more closely at the issue of viral residence.

One-Time Execution

The majority of viruses today execute only once, spreading their infection and causing their effect in that one execution. A virus often arrives as an e-mail attachment of a document virus. It is executed just by being opened.

Boot Sector Viruses

A special case of virus attachment, but formerly a fairly popular one, is the so-called **boot sector virus.** When a computer is started, control begins with firmware that determines which hardware components are present, tests them, and transfers control to an operating system. A given hardware platform can run many different operating systems, so the operating system is not coded in firmware but is instead invoked dynamically, perhaps even by a user's choice, after the hardware test.

The operating system is software stored on disk. Code copies the operating system from disk to memory and transfers control to it; this copying is called the bootstrap (often boot) load because the operating system figuratively pulls itself into memory by its bootstraps. The firmware does its control transfer by reading a fixed number of bytes from a fixed location on the disk (called the boot sector) to a fixed address in memory and then jumping to that address (which will turn out to contain the first instruction of the bootstrap loader). The bootstrap loader then reads into memory the rest of the operating system from disk. To run a different operating system, the user just inserts a disk with the new operating system and a bootstrap loader. When the user reboots from this new disk, the loader there brings in and runs another operating system. This same scheme is used for personal computers, workstations, and large mainframes.

To allow for change, expansion, and uncertainty, hardware designers reserve a large amount of space for the bootstrap load. The boot sector on a PC is slightly less than 512 bytes, but since the loader will be larger than that, the hardware designers support "chaining," in which each block of the bootstrap is chained to (contains the disk location of) the next block. This chaining allows big bootstraps but also simplifies the installation of a virus. The virus writer simply breaks the chain at any point, inserts a pointer to the virus code to be executed, and reconnects the chain after the virus has been installed.

Boot Sector Virus Relocating Code.

The boot sector is an especially appealing place to house a virus. The virus gains control very early in the boot process, before most detection tools are active, so that it can avoid, or at least complicate, detection. The files in the boot area are crucial parts of the operating system. Consequently, to keep users from accidentally modifying or deleting them with disastrous results, the operating system makes them "invisible" by not showing them as part of a normal listing of stored files, preventing their deletion. Thus, the virus code is not readily noticed by users.

Memory-Resident Viruses

Some parts of the operating system and most user programs execute, terminate, and disappear, with their space in memory being available for anything executed later. For very frequently used parts of the operating system and for a few specialized user programs, it would take too long to reload the program each time it was needed. Such code remains in memory and is called "resident" code. Examples of resident code are the routine that interprets keys pressed on the keyboard, the code that handles error conditions that arise during a program's execution, or a program that acts like an alarm clock, sounding a signal at a time the user determines. Resident routines are sometimes called TSRs or "terminate and stay resident" routines.

Virus writers also like to attach viruses to resident code because the resident code is activated many times while the machine is running. Each time the resident code runs, the virus does too. Once activated, the virus can look for and infect uninfected carriers. For example, after activation, a boot sector virus might attach itself to a piece of resident code. Then, each time the virus was activated it might check whether any removable disk in a disk drive was infected and, if not, infect it. In this way the virus could spread its infection to all removable disks used during the computing session.

A virus can also modify the operating system's table of programs to run. On a Windows machine the registry is the table of all critical system information, including programs to run at startup. If the virus gains control once, it can insert a registry entry so that it will be reinvoked each time the system restarts. In this way, even if the user notices and deletes the executing copy of the virus from memory, the virus will return on the next system restart.

Other Homes for Viruses

A virus that does not take up residence in one of these cozy establishments has to fend more for itself. But that is not to say that the virus will go homeless.

One popular home for a virus is an application program. Many applications, such as word processors and spreadsheets, have a "macro" feature, by which a user can record a series of commands and repeat them with one invocation. Such programs also provide a "startup macro" that is executed every time the application is executed. A virus writer can create a virus macro that adds itself to the startup directives for the application. It also then embeds a copy of itself in data files so that the infection spreads to anyone receiving one or more of those files.

Libraries are also excellent places for malicious code to reside. Because libraries are used by many programs, the code in them will have a broad effect. Additionally, libraries are often shared among users and transmitted from one user to another, a practice that spreads the infection. Finally, executing code in a library can pass on the viral infection to other transmission media. Compilers, loaders, linkers, runtime monitors, runtime debuggers, and even virus control programs are good candidates for hosting viruses because they are widely shared.

Virus Signatures

A virus cannot be completely invisible. Code must be stored somewhere, and the code must be in memory to execute. Moreover, the virus executes in a particular way, using certain methods to spread. Each of these characteristics yields a telltale pattern, called a **signature**, that can be found by a program that looks for it. The virus's signature is important for creating a program, called a virus scanner, that can detect and, in some cases, remove viruses. The scanner searches memory and long-term storage, monitoring execution and watching for the telltale signatures of viruses.

The Source of Viruses

Since a virus can be rather small, its code can be "hidden" inside other larger and more complicated programs. Two hundred lines of a virus could be separated into one hundred packets of two lines of code and a jump each; these one hundred packets could be easily hidden inside a compiler, a database manager, a file manager, or some other large utility.

Virus discovery could be aided by a procedure to determine if two programs are equivalent. However, theoretical results in computing are very discouraging when it comes to the complexity of the equivalence problem. The general question "Are these two programs equivalent?" is undecidable (although that question can be answered for many specific pairs of programs). Even ignoring the general undecidability problem, two modules may produce subtly different results that mayor may notbe security relevant. One may run faster, or the first may use a temporary file for workspace whereas the second performs all its computations in memory. These differences could be benign, or they could be a marker of an infection.

Therefore, we are unlikely to develop a screening program that can separate infected modules from uninfected ones.

Although the general is dismaying, the particular is not. If we know that a particular virus may infect a computing system, we can check for it and detect it if it is there. Having found the virus, however, we are left with the task of cleansing the system of it. Removing the virus in a running system requires being able to detect and eliminate its instances faster than it can spread.

Truths and Misconceptions About Viruses

- Viruses can infect only Microsoft Windows systems. False. Among students and office workers, PCs running Windows are popular computers, and there may be more people writing software (and viruses) for them than for any other kind of processor. Thus, the PC is most frequently the target when someone decides to write a virus. However, the principles of virus attachment and infection apply equally to other processors, including Macintosh computers, Unix and Linux workstations, and mainframe computers. Cell phones and PDAs are now also virus targets. In fact, no writeable stored-program computer is immune to possible virus attack. As we noted in Chapter 1, this situation means that all devices containing computer code, including automobiles, airplanes, microwave ovens, radios, televisions, voting machines, and radiation therapy machines have the potential for being infected by a virus.
- Viruses can modify "hidden" or "read-only" files. True. We may try to protect files by using two operating system mechanisms. First, we can make a file a hidden file so that a user or program listing all files on a storage device will not see the file's name. Second, we can apply a read-only protection to the file so that the user cannot change the file's contents. However, each of these protections is applied by software, and virus software can override the native software's protection. Moreover, software protection is layered, with the operating system obtains control before a virus contaminator has executed, the operating system can prevent contamination as long as it blocks the attacks the virus will make.
- Viruses can appear only in data files, or only in Word documents, or only in programs. False. What are data? What is an executable file? The distinction between these two concepts is not always clear, because a data file can control how a program executes and even cause a program to execute. Sometimes a data file lists steps to be taken by the program that reads the data, and these steps can include executing a program. For example, some

applications contain a configuration file whose data are exactly such steps. Similarly, word-processing document files may contain startup commands to execute when the document is opened; these startup commands can contain malicious code. Although, strictly speaking, a virus can activate and spread only when a program executes, in fact, data files are acted on by programs. Clever virus writers have been able to make data control files that cause programs to do many things, including pass along copies of the virus to other data files.

- Viruses spread only on disks or only through e-mail. False. File-sharing is often done as one user provides a copy of a file to another user by writing the file on a transportable disk. However, any means of electronic file transfer will work. A file can be placed in a network's library or posted on a bulletin board. It can be attached to an e-mail message or made available for download from a web site. Any mechanism for sharing filesof programs, data, documents, and so forthcan be used to transfer a virus.
- Viruses cannot remain in memory after a complete power off/power on reboot. True, but . . . If a virus is resident in memory, the virus is lost when the memory loses power. That is, computer memory (RAM) is volatile, so all contents are deleted when power is lost.^[2] However, viruses written to disk certainly can remain through a reboot cycle. Thus, you can receive a virus infection, the virus can be written to disk (or to network storage), you can turn the machine off and back on, and the virus can be reactivated during the reboot. Boot sector viruses gain control when a machine reboots (whether it is a hardware or software reboot), so a boot sector virus may remain through a reboot cycle because it activates immediately when a reboot has completed.
- Viruses cannot infect hardware. True. Viruses can infect only things they can modify; memory, executable files, and data are the primary targets. If hardware contains writeable storage (so-called firmware) that can be accessed under program control, that storage is subject to virus attack. There have been a few instances of firmware viruses. Because a virus can control hardware that is subject to program control, it may seem as if a hardware device has been infected by a virus, but it is really the software driving the hardware that has been infected. Viruses can also exercise hardware in any way a program can. Thus, for example, a virus could cause a disk to loop incessantly, moving to the innermost track then the outermost and back again to the innermost.
- Viruses can be malevolent, benign, or benevolent. True. Not all viruses are bad. For example, a virus might locate uninfected programs, compress them so that they occupy less memory, and insert a copy of a routine that

decompresses the program when its execution begins. At the same time, the virus is spreading the compression function to other programs. This virus could substantially reduce the amount of storage required for stored programs, possibly by up to 50 percent. However, the compression would be done at the request of the virus, not at the request, or even knowledge, of the program owner.